Jean Watson

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Jean Watson is an American nurse theorist and nursing professor who is best known for her Theory of Human Caring. She is the author of numerous texts, including *Nursing: The Philosophy and Science of Caring*. Watson's research on caring has been incorporated into education and patient care at hundreds of nursing schools and healthcare facilities across the world.^[1]

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Early life

Watson was born on June 10, 1940 in Williamson, West Virginia.

Education

Jean Watson graduated from the Lewis Gale School of Nursing in Roanoke, Virginia, in 1961. She continued her nursing studies at the University of Colorado at Boulder, earning a B.S. in 1964, an M.S. in psychiatric and mental health nursing in 1966, and a Ph.D. in educational psychology and counseling in 1973. She has been awarded nine honorary doctoral degrees in six countries.^[2]

Caring Theory

Watson developed the Theory of Human Caring. She founded the non-profit Watson Caring Science Institute (http://www.watsoncaringscience.org) in 2008.

Academic appointments

Watson is a Distinguished Professor of Nursing at the University of Colorado, [3] where she formerly served as Dean of Nursing.

Leadership achievements

She is a past president of the National League for Nursing.

Honors and awards

■ 1999: Norman Cousins Award, Fetzer Institute

Works

Watson, Jean (2003). *Inside Stories: Tales of Change and Growth* (http://books.google.co.uk/books/about/Inside_Stories.html?id=dgwJAAAACAAJ). Lion UK. ISBN 0745948162.

Bevis, Em Olivia; Watson, Jean (2000). *Toward a Caring Curriculum: A New Pedagogy for Nursing* (http://books.google.com/books?

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Watson, Jean (1979). *Nursing: The Philosophy and Science of Caring* (http://books.google.com/books/about/Nursing.html?id=awZtAAAAMAAJ). Little, Brown and Co. ISBN 0316924644.

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- 2. ^ "Jean Watson, PhD, RN, AHN-BC, FAAN" (http://www.watsoncaringscience.org/index.cfm/feature/278_34/jean-watson-phd-rn-ahn-bc-faan.cfm). Watson Caring Science Institute. Retrieved June 22, 2012.
- 3. ^ "14th International IONS Conference" (http://noetic.org/conference/presenters/jean-watson/). Institute of Noetic Sciences. Retrieved June 22, 2012.

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